Providing Advanced Care for an Aging Lesser Kudu through Relationship Building and an Operant Conditioning Program

Matthew Ardaiolo & Jordan Baur





### An Introduction to Fred

#### Our lesser kudu



- Medical history
  - Poor hoof conformation
  - Damaged horns
- Historical training at CMZ
  - Very flighty
  - Need for shifting
  - Hoof work

#### Institutions

- April 14, 2003
  - Born at St. Louis
- 2004
  - Transferred to Cheyenne Mt.
- 2009
  - Transferred to Denver



## Fred's Arrival

Denver Zoo (2009)



- Stud to breeding herd (1.4)
  - 9 offspring
- Calm demeanor
- Apparent arthritis
  - Diagnosed 2011



# **Typical Behavior & Training**



- Animal-Human Relationships
  - Free contact
  - Tactile
  - Approaches keepers
  - Very food motivated
- Training
  - Targeting
  - Shifting
  - Hoofwork





#### Hooves



- Quick growth
- Poor conformation
  - Training for front hooves
- Abscesses

#### **Immobilizations**

- Back hooves
- Intensive hoof work
  - Trimming
  - Shaping



Hooves







Hooves





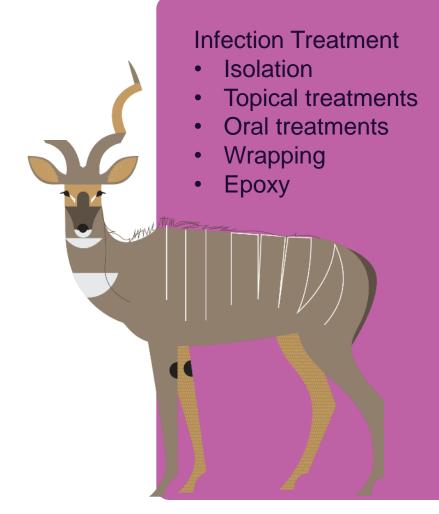




#### Horn Amputation



- Constant rubbing
  - Infection
  - Right horn necrosis
    - Amputation
- Post-op
  - Wrapped
  - Ceased rubbing



### **Horn Amputation**













#### Osteoarthritis



- Early onset
- Medicinal treatments
  - Phenylbutazone, Banamine, Cosequin, Tramadol, Meloxicam, Amantidine
- Physical therapy
  - Winter 2014
- Acupuncture
  - Spring 2016

Dr. Tammy Wolfe - 2014





#### History

- Domestics
- Komodo dragon
- Birds
- Small mammals
- Marine mammals
- Ungulates

### Wolfe Kinetic Technique



"The WKT is a very gentle manual technique that is performed with the intent of changing movement patterns in a way that spreads out the work load of the body when the patient performs functional activities. The WKT operates under the premise that the performance of the spine and core dictates the movement patterns of the extremities, and that the spine and core must move normally in order for the extremities to move normally. Because of that premise, the majority of the manual therapy is focused initially on the spine, ribs and pelvis and then connected to extremity movement."

### Wolfe Kinetic Technique





Massage



- Treatment schedule
- Keeper training
  - Hip and back massage
    - Modifying overtime
  - Neck massage
- Encouraging movement



Daily Massage

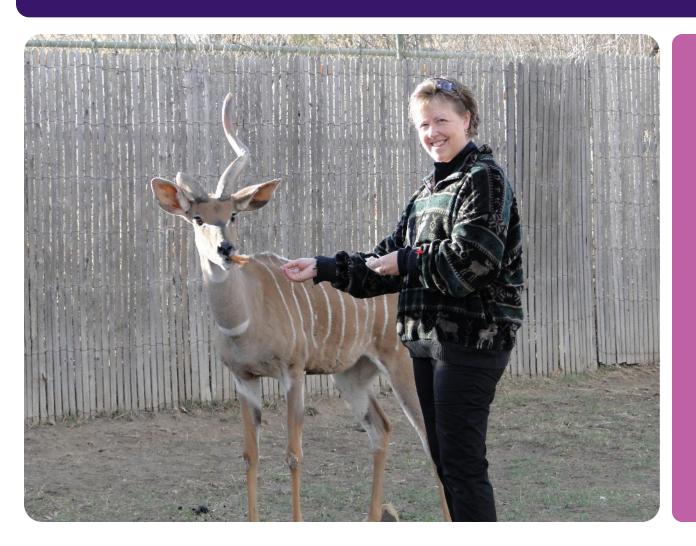




## Acupuncture

Dr. Bonnie Wright - 2016





#### History

- Domestics
- Penguins
- Przewalski Horse
- Lion
- Camel
- Giraffe

## Acupuncture

Dr. Bonnie Wright - 2016



- Sessions
  - Needles
  - Electrode
  - Complements massage
  - Reaction
- Neck stretches



# Acupuncture

Dr. Bonnie Wright - 2016





## **Other Treatments**



- Fetlock trauma
- Thorax abscess
- Carpus trauma
- Eye ulceration



# **Quality of Life Monitoring**

#### Parameters



Fred Wellness Tracker- Pain Assessment

Updated March 2017

Directions: Record the number that corresponds to the most accurate description.

If showing multiple criteria, err on the side of caution and record the lowest score.

Getting Up: (Doesn't have to show all the listed criteria for corresponding score, can show one or the other or all criteria)

- · 4- Able to get up immediately
- 3 -Some Struggling / Rocking to get up
- . 2- Struggling / Repositioning to get up/unsuccessful on first attempt to get up
- 1 Takes multiple attempts to get up/ Can't get up

Movement: (Doesn't have to show all the listed criteria for corresponding score, can show one or the other or all criteria)

\*\*Head bobbing is normal as long as head is held high.\*\*

- 4- Moves smoothly and fluidly, moving/standing at full posture, with normal head bobbing
- . 3-Mild/moderate stiffness, slight limping or slightly low head bobbing
- . 2- Severe stiffness, limping or pronounced low head bobbing
- 1- Very little movement

#### Stance:

- 4-All four feet planted
- 3-Toe touching
- · 2- Holding up one leg
- 1- Shifting weight, trying to hold up multiple legs

#### ehavior during massage:

- 4-Not appearing stiff, Staying for session, little coaxing needed, keeps back feet planted during neck exercises and can do
  full stretch (nose to hip)
- 3-Slight twitching, may leave session but easy to get back, some coaxing needed, slight movement of back feet during neck exercises but can do full stretch
- 2- twitching, arching back or dipping rear during massage, leaves session and difficult to get back or not at all, coaxing needed, moves back feet during neck exercises and cannot do full stretch
- 1-even with coaxing, unwilling to participate, may walk away after very little or no contact from keeper, unwilling to stretch for neck exercises

#### Notes: Explain, or add additional info

Monitor fecals, if possible

Monthly weight

Monitor rear movement when feet are planted

Updated March 2017

Weight	1	Animal is within X-XX% of target weight.
Target weight= 85kg	0.5	(80-90kg)
Target Weight- ookg	0	Animal is slightly over/under target weight (XX-XX%).
		(75.0-79.9 or 90.1-94.9)
	-0.5	
	-1	Animal is XX% or more over/under target weight or target weight has not
		been set
Food consumption	1	(<74.9 or >95)
Food consumption	1	Animal consistently consuming most or entire diet; no manipulation of for items necessary:
		Readily responds to diet being offered
	0.5	Readily responds to diet being offered
	0.5	Animal consistently consuming majority of diet; some manipulation of foo
	1	items may be required
	-0.5	recition may be required
	-1	Inappetance or animal only eating treats or specialty items; or nutritional
	1	intake is not being monitored or is unknown
Mobility	1	No mobility issues; normal gait/locomotion
	0.5	
	0	Some occasional or minor mobility issues; animal is able to carry out all
		major life functions
	-0.5	
	-1	Unable to locomote or able to locomote only with significant effort
Health status	1	No known medical condition or significant pathology (disease/injury-free) no treatment required
	0.5	
	0	Medical condition that is being successfully managed or controlled;
	-0.5	
	-1	Significant medical condition affecting one or more critical life functions;
		additional treatment options may or may not be available OR animal is no
		compliant with treatment; animal may have serious but undiagnosed illne
Pain assessment	1	No discernable physical or behavioral indicators of pain present WT Score: 13.5 - 16
Based on score from	0.5	WT Score: 11 - 13.48
Wellness Tracker	0	Physical or behavioral indicators of pain present; chronic or intermittent
(Combined score from	1	pain satisfactorily managed with medication and/or treatment

# **Quality of Life Monitoring**

### Tracking



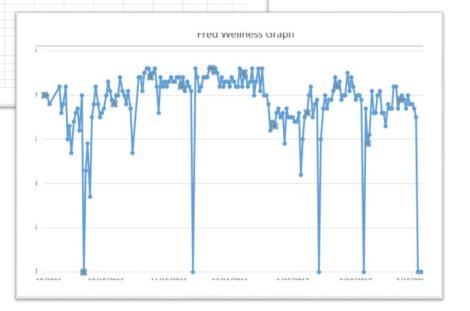
	2017		3/16/2017			Date: 3/17/	17		Date: 3/18/	17		Date: 3/19/	17		Date:			Date:		
	Weight	Weighted		Weight	Weighted		Weight	Weighted		Weight	Weighted		Weight	Weighted		Weight	Weighted		Weight	W
	(%)	Score	Rating	(%)	Score	Rating	(%)	Score	Rating	(%)	Score	Rating	(%)	Score	Rating	(%)	Score	Rating	(%)	d
Weight	10	0	0	10	0	0	10	0	0	10	0	0	10	0		10	0		10	
Food consumption	5	5	1	5	5	0.5	5	2.5	0.5	5	2.5	1	5	5		5	0		5	Т
Mobility	15	7.5	0.5	15	7.5	0	15	0	-0.5	15	-7.5	-0.5	15	-7.5		15	0		15	Т
Health status	20	0	0	20	0	0	20	0	-0.5	20	-10	-0.5	20	-10		20	0		20	Т
Pain assessment	25	25	1	25	25	0.5	25	12.5	0	25	0	0	25	0		25	0		25	Т
Activity level	5	5	1	5	5	0.5	5	2.5	0	5	0	-0.5	5	-2.5		5	0		5	Т
Mentation/cognition	5	5	1	5	5	1	5	5	0.5	5	2.5	1	5	5		5	0		5	Т
Caretaker-animal	15	15	1	15	15	1	15	15	0	15	0	0	15	0		15	0		15	Τ
Daily Total Score	100	62.5		100	62.5		100	37.5		100	-12.5		100	-10		100	0		100	Т
		6.25			6.25			3.75			-1.25			-1			0			Т
Reporter		JB			KK			MA			MA/RF			MA/JB/RF						Т

Percentages	must	add	up	to	100	
	Waint					

	Weight
	85 target
1	80-90kg
0	75.0-79.9 or 90.1-94.9
-1	<74.9 or >95

#### Pain Assessment (Based on Wellness Tracker Score)

1	13.5 - 16
0.5	11 - 13.48
0	8.5 - 10.8
-0.5	6 - 8.48



## **An Ambassador**



- Demonstrations
- Geriatric care
- News coverage



- Species
- Ungulates
- Collection
- Behavioral husbandry
- Denver Zoo staff

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- Dr. Bonnie Wright
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#### Any Questions?

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